

Lisa Daria Kennedy – Daily Painting, Embrace the Practice

July 24, 2020

Medium: Acrylic Paint (Oil painters welcome/Gamsol only for thinner and Linseed only for medium)

Skill Level: All

Student Supply List:

Paint – Liquitex Heavy Body Acrylic

<http://www.dickblick.com/products/liquitex-heavy-body-artist-acrylics/>

Paint Colors

- Alizarin Crimson Hue Permanent
- Cadmium Red Medium or Naphthol Red (cad red is often on backorder)
- Cadmium Yellow Light
- Cadmium Yellow Medium
- Phthalo blue (green shade)
- Ultramarine Blue (green shade)
- Titanium White
- Quinacridone Magenta

Painting Surfaces

Masonite/Hardboard Panels, qty 8 - 6"x6" masonite boards/hardboard

<http://www.dickblick.com/items/14945-1066/>

Dura-Lar - Matte Film - One 25 sheet 9"x12" pad – Verify that it is “Matte”

<http://www.dickblick.com/products/grafix-dura-lar-matte/>

Brushes

1 Windsor and Newton University Bright #8 Series 237

1 Windsor and Newton University Bright #12 Series 237

Miscellaneous

Paper towels (2 rolls if you are not bringing an easel – I have a trick!)

Spray bottle for water – make sure it is a fine mist, like a travel hairspray bottle (those used for ironing are a bit of a super soaker)

Disposable palette

View Catcher <http://www.dickblick.com/products/viewcatcher/?clickTracking=true>

Spot light (clip on, from hardware store is fine) with a flood light/spotlight is preferred for type of light

OR! This one from Amazon is easy to travel with and has 6 different temperatures – love it!

https://www.amazon.com/gp/product/B078V2Q9BZ/ref=ppx_yo_dt_b_asin_title_o08_s00?ie=UTF8&psc=1

Extension Cord

Empty container for water to wash brushes in - anything will do. For the Workshop Days One and Two an easel is not necessary, but bring an extra roll of paper towel instead.

If you want to bring an easel;

Tabletop or freestanding – PART of my setup (just the panel holder) is from

<http://artboxandpanel.com/>

The tripod is from Amazon – it's the backpacker, MeFOTO brand –

(MeFOTO BackPacker Classic Lightweight 51.2" Aluminum Travel Tripod Kit w/Case

<https://www.amazon.com/MeFOTO-Classic-Aluminum-Backpacker-Travel/dp/B00820A7YY>

Panel Holder (optional) - <http://www.krikegallery.com/CarolMarinepanelholder.html> (only for use with easel)

Still Life Objects

Fruit, vegetables, vessels, fabric - we are painting small panels, so make sure objects/vases are on the smaller size - small jars like honey, mustard, etc. work great.

Class Size:

Min # of students: 10

Max # of students: 20

